



# BETHUADAHARI COLLEGE

NAAC ACCREDITED WITH "B" GRADE

(Affiliated to the University of Kalyani)

Bethuadahari, Nakashipara, Nadia - 741126

Phone No.- 03474-255401 Email- bethua\_college@rediffmail.com

## Notice

Date:

The certificate course on **yoga and meditation** will be held on the following schedule:

Day	10.30 - 11.30 am	11.30- 12.30 pm	12.30- 1.30 pm	2.30 - 3.30 pm	3.30 - 4.30 pm
Tuesday	Yoga and Meditation		Yoga and Meditation		
Friday		Yoga and Meditation		Yoga and Meditation	Yoga and Meditation

An inauguration programme will be held on **28.06.2024 ( Friday)**. The students who register in the course of yoga and meditation are informed to attend the class in the <sup>above</sup> following schedule from **28.06.2024**.

For any queries contact with Mr. Jitendranath Sarkar ( Yoga Instructor, Bethuadahari College),

Contact No: **7477561370**

Principal.

Bethuadahari College.

Bethuadahari, Nadia  
*Principal*  
Bethuadahari College  
P.O.-Bethuadahari, Dt-Nadia

Yoga instructor

Bethuadahari College  
HEAD  
Department of Yoga & Meditation  
Bethuadahari College  
Bethuadahari, Nadia